

Middelburg, 30 januari 2009

Dear judoka,

This year, the Senior Games will be organized in September 2009 in the Dutch province Zeeland, and an estimated 4.500 athletes 50 years and older from all over Europe are expected to join. Participants will compete during this Multi-sport Event in no less than 22 major sports. This event is the first of its kind in Europe, a unique opportunity for the Netherlands.

Judo is one of the main sports in the Senior Games 2009 program. Beneath one can find the specific information concerning the judo competition.

Program*

| Date | Discipline |
|-----------|-----------------|
| Sept 8th | KATA |
| Sept 9th | SHIAI-NE-WAZA |
| Sept 10th | SHIAI |
| Sept 11th | Various clinics |

* The organization has the right to change the program at all time

Participation

Registration is open to members of an international federation who fall within the classes mentioned below.

Weight category

| Male | Female |
|----------|---------|
| < 60 kg | < 48 kg |
| - 66 kg | - 52 kg |
| - 73 kg | - 57 kg |
| - 81 kg | - 63 kg |
| - 90 kg | - 70 kg |
| - 100 kg | -78 kg |
| 100 kg > | 78 kg > |

Age categories

| Age | Code Men | Code Women |
|-------------|----------|------------|
| 50-54 years | M1 | F1 |
| 55-59 years | M2 | F2 |
| 60-64 years | M3 | F3 |
| 65+ | M4 | F4 |

Venue

Goes, Sportpunt Zeeland

Participant contribution

Registration Senior Games 2009 € 50,-
Addition judo € 10,-

Information and registration

The organization of the 2009 Senior Games invites you to register **before May the 1st 2009**, through: www.seniorgames2009.com for this unique sport event. On this website you will find all necessary information concerning the Senior Games 2009 and the **judo** competition.

Register fast, a limited number of places is available!

Kind regards,
On behalf of the Senior Games 2009

Managing director

Ton Kienhuis



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